

Italian Cuisine: Characteristics and Effects

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Abstract

It is suggested that today's kitchens seem to interact with each other in the historical process. Italian cuisine is one of the most well-known cuisines of Europe and interacts with a wide variety of cuisines. The effect of the outstanding Italian cuisine with regional diversity can be seen in many kitchens. In this study the historical development of the Italian cuisine is discussed. Regional richness of Italian cuisine and the reasons for this wealth is examined. Also the products that the Italian cuisine introduced to the world are stated.

Keywords: Italian Cuisine, Pizza, Pasta, Coffee.



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